

# EAT *the* RAINBOW

Red fruits & veggies are good for your heart and blood health, and they support joint function.

Orange fruits & veggies may help prevent cancer and reduce the risk of heart disease.

Yellow fruits & veggies are good for your skin, heart, and eyes, and improve digestion and your immune system

Green fruits & veggies are good for your bones, as well as detoxing the body and strengthening our immune system.

Blue and Purple produce help with mineral absorption, and can improve your memory and brain function.

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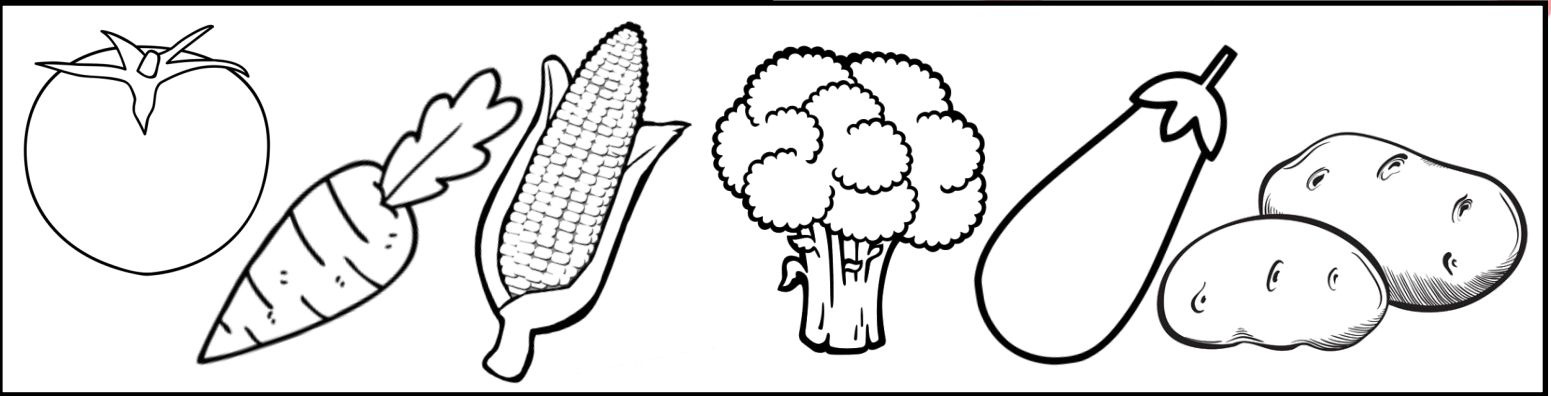
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**DRAW: YOUR FAVORITE FRUIT FOR EACH COLOR!**

100%  
ORGANIC  
PRODUCE!

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